



# Creating My Ideal Career - Worksheet

**When thinking about a career change or a promotion within your existing company, you should take some time to think about your current life, your future goals, and things that may change - that could help or hinder your progress.**

**There's a chance you'll be fully immersed in this career for 5, 10 or more years, so don't make this decision lightly. Spend some time really thinking about your answers to following questions.**

What personal strengths and weaknesses do you have?

What activities or topics do you find interesting?

What type of work environment do you like best?



What values are most important to you?

[Empty text box for values]

Where do you want to be in 5, 10, 20 years? What are your career goals? Explain in detail:

[Empty text box for career goals]

Where are you now? Is what you are doing right now, working towards the above goal?

[Empty text box for current status]

What is holding you back from your career goals & how can you change that?

**Issue**

**What can you do about it?**

[Empty text box for Issue]

[Empty text box for What can you do about it?]

Steps you need to take to reach your career goal(s):

[Empty text box for steps]



Obstacles you might face along the way (what may hinder your progress)?

[Empty text box for obstacles]

How do you plan to overcome these obstacles?

[Empty text box for overcoming obstacles]

Other Thoughts:

[Large empty text box for other thoughts]

