

ROOTED BOOK CLUB

How-To/Host Guide



A sisterhood of readers coming together to read, reflect, and remember who we are.

Welcome Book Club Host!

Thank you for leading a conversation that matters. The Rooted Book Club is more than just a reading group—it's a space for women to discover stories that reconnect us to our heritage, our faith, and ourselves. Starting with *Rooted*, your club will open the door to deep reflection and lively conversation.

This guide will walk you through how to host your first meeting, lead meaningful discussions, and keep the spirit of *Rooted* alive as you continue reading other books that honor legacy, womanhood, and belonging.

And if you're already leading a book club, this guide may spark fresh ideas for deepening your discussions, creating meaningful connection, and bringing new life to the stories you read together.

Step 1: Plan Your Book Club

- **Size:** 4–10 participants
- **Location:** Home, library, community center, or virtual (Zoom/Google Meet)
- **Frequency:** Monthly is the norm, but whatever works for your group
- **Duration:** 60–90 minutes

Step 2: Invite People

Sample Invite:

"You're invited to join the Rooted Book Club — a welcoming space to read, reflect, and rediscover the stories that connect us. Read Rooted along with other women who are ready to honor their lineage and reconnect with their own stories."

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Collect Materials:

- Each person should have a copy of *Rooted*
- Optional: Notebook or journal for reflections. Pens and sticky notes
- Optional: Light refreshments

Step 4: Set the Agenda

1. Welcome & Purpose (5–10 min)

- Introduce yourself and the purpose of the book club.
- Invite participants to share why they joined.

2. Reading and Discussion (40–60 min)

- Select a chapter or section of *Rooted*
- Use your book club discussion questions as prompts
- *Example prompts:*
 - “Which story or woman resonated most with you?”
 - “What lessons from these stories can we carry forward?”
 - “How does remembering your roots inspire who you are today?”

3. Reflection and Sharing (10–15 min)

- Invite participants to share personal stories, family memories, or reflections inspired by the reading

4. Closing and Next Steps (5 min)

- Thank everyone for coming
- Decide on the next chapter and meeting date
- Encourage participants to submit stories, photos, or reflections to the **I Am Rooted–Share Your Photos gallery** (optional)
- Rotate hosts: Encourage members to host future meetings
- Encourage participants to post on social media with hashtags: #IAmRooted #RootedBookClub